

La Fontana Sample menu

Nibbles & Sides

Bread with Olive Oil & Balsamic Vinegar	VG	£3.95
Mixed Olives	VG	£3.95
Crispy Courgettes	VG	£3.95
Garlic Bread	VG	£3.95
Garlic Bread with Tomato & Mozzarella		£4.50
Chips	VG	£3.95
Sun Dried Tomatoes	VG	£3.95

Starters

Bruschetta	VG	£6.50
Toasted bread topped with cherry tomatoes, garlic, basil & olive oil		
Crab Croquette		£7.50
Homemade crab croquette garnished with a traditional tomato sauce		
Smoked Salmon & King Prawn Salad		£12.50
Smoked salmon with king prawns & avocado garnished with salad		
Uova e Spinaci	GF	£8.95
Poached egg on a bed of wilted spinach in a creamy garlic sauce		
Mushrooms & Gorgonzola		£7.95
Mushrooms in a creamy mild blue cheese sauce with a side of bread		
Spicy King Prawns	GF	£10.50
King prawns cooked with garlic chillis & cherry tomatoes		
Chilli Chicken Wings		£7.50
Slow cooked wings tossed in a mix of garlic, chilli & rosemary		

Mains

Spaghetti Bolognese		£15.95
Traditional Napolitana bolognese in a tomato & basil sauce		
Spaghetti Arrabiata		£11.50
Spaghetti in a traditional tomato, garlic basil & chilli sauce. *Add chicken for £2.50		
Pollo Pesto		£18.95
Chicken breast stuffed with sundried tomatoes & mozzarella in a creamy pesto sauce. Served with croquette potatoes & vegetables		
Tagliatelle al Salmone	GF	£15.95
Smoked salmon in a creamy mascarpone sauce with fresh prawns		
Fillet of Salmone		£22.00
Salmon fillet gently steamed & drizzled in a creamy mushroom sauce Served with croquette potatoes & vegetables		
Veal 'T' bone	GF	£32.00
Tender T bone steak grilled & served with croquette potatoes & vegetables		
Fillet Diane		£36.00
Tender fillet steak with a classic Diane sauce of shallots, mustard, mushrooms & cream. Served with croquette potatoes & vegetables. Plain steak available on request.		
Braciola		£22.50
Slow cooked tender beef rolled with pine nuts, garlic, saltanas & parmesan in a tomato sauce. Served with vegetables & croquette potato - or spaghetti		
Pork Chop		£25.00
Grilled pork chop served with croquette potato & vegetables		
Prime Beef Burger		£14.95
Succulent burger with mature cheddar cheese served in a bun with salad and a side of chips		

Desserts

Crushed Amaretto Biscuits with vanilla ice cream drizzled in disaronno		£7.95
Homemade Lemon Cheesecake		£7.95
Belgium Chocolate Cream		£6.50
Selection of Ice Cream	VG	£5.75
Ask your server for options		

Please inform your server of any allergies or dietary requirements prior to ordering.

Gluten Free Option Available on Request
Contains Egg
Contains Nuts or Seeds
Suitable for Vegetarian / Vegan
Contains Shellfish